

Test Sheet for Kyokushin No Contact Judge & Referee

Name: _____

1. Give 2 ways to score Ippon

2. What are the criteria of a combination to score?

3. How do you get a Waza-Ari?

4. List the areas of the body that you can attack:

5. Complete this statement: The penalty must directly relate to the

6. What points do you need to keep in mind when judging whether a technique should score?

7. Is Ushiro Geri Allowed? _____

8. Is Kake Geri allowed? _____

9. Why is inside thigh kick illegal?

10. List 5 prohibited techniques:

11. If a fighter already has a genten for excessive contact and the get a chui for the same, what happens? _____

12. If a fighter has 2 Chui for excessive contact and gets a 3rd for the same, what happens? _____
13. If a fighter has a Chui for excessive contact and gets a genten for the same, what happens? _____
14. How many Chui can be awarded in a match? _____
15. The 4 judges have called a foul, what can the referee do?

16. What is excessive contact to the face? _____
17. What is excessive contact to the body? _____
18. Define the "outside of the leg" as a scoring area _____

19. How many clicks for Waza-Ari? ____ and Ippon? ____
20. What happens with Jodan Mawashi Geri to the head in these circumstances:
Stops 20cm from the head _____
Stops just at the head and was not even partially blocked _____
Stops just at the head but was partially blocked _____
Just touches the head _____
21. What kicks are allowed to the head
22. If a competitor executes an illegal technique but does not touch the opponent, what happens?.